

Kansas Shrine Bowl Football Training Camp

Bring to Camp Checklist

- Casual Shorts, T-Shirts, and Shoes – for lounging around the dorms
- Extra Money (*optional*) – for vending machines, games, etc.
- Personal Hygiene items: soap, shampoo, deodorant, etc.
- Shower Towel
- Bed Sheets (twin XL size), Pillow & Pillowcase, Blanket (highly recommended)
- Swimsuit and Towel
- Nice pair of jeans, slacks or shorts and shoes with socks to wear at the Hospital Experience Event and Banquet. Players will wear Shrine Bowl T-Shirt to the Hospital Experience and Game Jersey to the Banquet.
- Work-out shorts for practice
- Work-out t-shirts for practice
- Underwear and socks for practice and the game
- Any specialized or privately owned protective gear equipment you need
- Girdle and Mouth Guard, highly recommended to bring your own if you have them available
- Work-out shoes and game shoes (most practices and the game will be on artificial turf but there may be some practices on natural grass.)
- Helmet and Shoulder Pads from your high school. Make arrangements early to get these items from your Coach. Don't wait until the last minute!**

Optional:

- Dorm room entertainment/amenities (we are not responsible for security on these types of items)
- Padlock for locker (if available)