

Kansas Shrine Bowl Football Training Camp

Bring to Camp Checklist

- Helmet and Shoulder Pads from your high school. Make arrangements early to get these items from your Coach. Don't wait until the last minute!**
- Casual Shorts, T-Shirts, and Shoes – for lounging around the dorms
- Extra Money (*optional*) – for vending machines, etc.
- Personal Hygiene items: soap, shampoo, deodorant, etc.
- Shower Towel
- Bed Sheets (twin XL size), Pillow & Pillowcase, Blanket
- Swimsuit and Towel
- Nicer pair of shorts, along with shoes with socks to wear at some events such as the Hospital Experience, Carnival, and Parade. Players will wear Shrine Bowl provided T-Shirts and/or Jerseys to most nightly events.
- Work-out shorts for practice
- Work-out t-shirts for practice
- Underwear and socks for practice and the game
- Any specialized or privately owned protective gear equipment you need
- Girdle and Mouth Guard, highly recommended to bring your own if you have them available
- Work-out shoes and game shoes (most practices and the game will be on artificial turf but there may be some practices on natural grass and/or gym floor if weather requires)

Other popular optional items:

- Dorm room entertainment/amenities (we are not responsible for security on these types of items)
- Small fan for dorm room
- Snacks (please avoid items that need refrigerated or heated, if possible)