

Kansas Shrine Bowl Football Training Camp

Bring to Camp Checklist

- Helmet and Shoulder Pads from your high school. Make arrangements early to get these items from your Coach. Don't wait until the last minute!**
 - Casual Shorts, T-Shirts, and Shoes – for lounging around the dorms
 - Extra Money (*optional*) – for vending machines, souvenirs, etc.
 - Personal Hygiene items: soap, shampoo, deodorant, etc.
 - Shower Towel
 - Bed Sheets (**twin XL size**), Pillow & Pillowcase, Blanket
 - Swimsuit and Towel
 - Nicer pairs of shorts, along with shoes and socks to wear at events such as the Hospital Experience, Fan Fest, and Parade. Players will wear Shrine Bowl provided T-Shirts and/or Jerseys to most events.
 - Work-out shorts for practice
 - Work-out shirts for practice
 - Plenty of underwear and socks for practice and the game
 - Any specialized or privately owned protective gear equipment you need
 - Girdle and Mouth Guard, highly recommended to bring your own if you have them available
 - Work-out shoes and game shoes (most practices and the game will be on artificial turf but there may be some practices on natural grass and/or gym floor if weather requires)
- Other popular optional items:
- Dorm room entertainment/amenities (we are not responsible for security on these types of items)
 - Small fan for dorm room
 - Snacks (please avoid items that need refrigerated or heated, if possible)