

2026 Kansas Shrine Bowl East All-Star Player Profile



Hayden Heller

Mill Valley

6'0 280 DL

Sports Honors: 3-Year Varsity Starter; First Team All-State Sports in Kansas (Senior); First Team All-State KFBCA (Senior); First Team All-State KSHAA (Senior); First Team All-State Wichita Eagle (Senior); First Team Sunflower League (Senior); 2x Honorable Mention All-State Sports in Kansas (Sophomore, Junior)

Non-Sports Honors: Four Academic Letters; Four Year A (Grade) Honor Roll; 4.0 Unweighted GPA; 4.196 Weighted GPA

Favorite Athlete: Dexter Lawrence II

Favorite Pro Football Team: New York Giants

Favorite Sport: Football

Favorite Sports Moment: Winning the 5A state championship as a sophomore in 2023 with 3 TFLs and multiple tackles.

Favorite School Subject: Science

Hidden Talent / Fun Fact: I used to play Runningback and Linebacker in middle school before switching to interior D-Line as a freshman in high school.

College Plans: University of Nebraska Kearney, football

Career Plans/Goals: Plan A is give myself the best possible chance to play pro football in the NFL. Plan B is to become an Athletic Trainer for a D1 program or a Professional Sports Team to watch sports while also getting the chance to stay around sports, athletes, and helping people.