

2025 Kansas Shrine Bowl East All-Star Player Profile



Howie Rezac

St. Marys

6'4 215 LB

Sports Honors: 1st Team All-State (KSHSAA Covered; SIK; KFBCA; Wichita Eagle); 1st Team All League LB; 1st Team All League TE

Non-Sports Honors:

Sports Idol: Ryan Shazier

Favorite Sport: Football

Favorite Team: Kansas City Chiefs

Favorite Sports Moment: Winning the 1A State Title With my Older Brother

Dream Sports Event to Attend: Super Bowl

Favorite School Subject: Biology

College Plans: Going to college minimum 4 years studying Sports Nutrition

Projected Major: Sports Nutrition

Career Plans/Goals: To have a sustainable and successful job doing what I love to support my family