

2026 Kansas Shrine Bowl East All-Star Player Profile



Osiris Unruh

Jefferson West

6'0 290 DL

Sports Honors: Varsity Letter- Football, Wrestling, Track - all years; KSHSAA 2025 First Team All State Clas 3A Defensive Line; KSHSAA 2025 First Team All League Defensive Line (Big East); KSHSAA 2024 Honorable Mention Linebacker - All Class, All League; Football Team Captain 3 years; KWCA All State First Team Wrestler; 2x state qualifier (wrestling); 2025 4A State runner up (wrestling); 2024 Jefferson West Male Athlete of the year; 2022 Jefferson West Male Athlete of the year (first freshman to ever win this award)

Non-Sports Honors: 3.9 GPA; Jefferson West High Honor Roll all years; Member National Honor Society; KS National Honor Scholar; Quill & Scroll Member; Vice President STUCO (Senior); STUCO Cabinet Member (Freshman, Sophomore, & Junior); SADD / Spanish Club member (Freshman);

Favorite Athlete: Aaron Donald

Favorite Pro Football Team: Denver Broncos

Favorite Sport: Football

Favorite Sports Moment: Winning regionals and celebrating with my team.

Favorite School Subject: History

Hidden Talent / Fun Fact: I can hold my breath for 1 minute.

College Plans: Pittsburg State University, football

Career Plans/Goals: I plan on going in to exercise science and becoming a Physical Therapist.